



THE ALTERNATIVE CAREER INSTITUTE

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## **Prerequisites EMT Initial Training**

### **The State of New Jersey has some essential prerequisites:**

You must be 16 years old before the first day of class; there are no exceptions. It would be best if you were certified in CPR, but F4B will provide this training during orientation at the start of class regardless of whether or not you are currently certified, so you do not need to obtain it prior.

Although there are no formal prerequisites, there are several other considerations you should be aware of: The textbook is at a 10th-grade reading level, approximately 1,500 pages. There is also a lot of memorization of the steps needed to complete skills. The workload is equivalent to two college courses, so you must leave time between class sessions to read, study, and practice.

State regulations require 100% attendance at all course sessions. Please only register for a course if you can attend all sessions. State regulations only allow you to attempt tests or skills assessments twice, and failure after the second attempt disqualifies you from continuing in the course automatically. You must physically get up and down from the ground quickly and lift at least 75 pounds.